



International Rhythmic Gymnastics & GALA
7th Anniversary of **TEAM 5H**

HARMONY


• 조화, 그리고 하나됨 •



2026.
06.27 SAT
—
06.28 SUN

Government Building
Gymnasium
in Kyungdong University
Metropol Campus

*Total Prize Money:
KRW 20,000,000

 Instagram @team_5h_

7th Anniversary of TEAM5H
“2026 HARMONY”

- International RG & GALA-

2026.06.27.SAT - 2026.06.28.SUN



HOST

TEAM 5H

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WEBSITE

<https://www.team5h.com>

SOCIAL MEDIA

Facebook & Instagram @team_5h_

EVENT INFORMATION

COMPETITION DATE

*Competition: 27-28, JUNE 2026 (SAT-SUN)

*Official Practice: 26, JUNE 2026 (FRI)

VENUE

Kyungdong University Metropol Campus “Government Building Gymnasium”



*Address:

27, Gyeongdongdaehak-ro, Yangju-si, Gyeonggi-do,
Republic of Korea

*Limited Free Parking

***Shuttle bus service will be provided for international athletes
(TEAM 5H <—> Kyungdong University Metropol Campus)**

EVENT FORMAT

<RG>

-Senior (Born in 2010 or earlier): Hoop / Ball / Clubs / Ribbon

-Junior (Born in 2011-2012): Hoop / Ball / Clubs / Ribbon

-Pre-Junior (Born in 2013-2014): Hoop / Ball / Clubs / Ribbon

-Child (Born in 2015-2017): Hoop / Ball / Clubs / Ribbon / FH

<RG Group>

- Senior
- Junior (2013-2011)
- Pre-Junior (2017-2014)

<Dreamer> Amateur Born in 2022-2011

- Team5H Basic Routine: H1 / H2 / H3 / H4
- New Rhythm: Level 1 / 2 / 3/ 4 / 5
- Hoop / Ball / Clubs / Ribbon / Rope / FH

*Multiple entries are permitted for participants in 'Team5H Basic Routine' and 'New Rhythm'.

*Team 5H Basic Routine Video Link:

<http://www.youtube.com/@TEAM5H>

*Team 5H Basic Routine Music Download:

<https://www.team5h.com>

*New Rhythm Video Link:

<https://youtube.com/channel/UCTauZyUJLCfLs23508PtK6g?si=OiWYUm-bxT1yKB67>

*Instagram @team_5h_

<Dreamer Group>

- Junior (2013-2011)
- Pre-Junior (2019-2014)

<GALA>

Free Choice

AWARD AND PRIZE

<RG-Individual>

***HARMONY MVP: KRW 3,000,000**

***HARMONY Special Awards A: KRW 500,000**

***HARMONY Special Awards B: KRW 500,000**

Senior Category (Born in 2010 or earlier)

*All-Around Final

-Rankings are determined by the combined

4 apparatus highest scores

-Top 8 will be awarded

-Prizes will be given to the top 3 gymnasts

(1st: KRW 2,000,000 / 2nd: KRW 1,000,000 / 3rd: KRW 500,000)

*Apparatus Finals

-Finalists are selected based on apparatus scores

-Top 8 will be awarded

Junior Category (Born in 2011-2012)

*All-Around Final

-Rankings are determined by the combined

3 apparatus highest scores

-Top 8 athletes will be awarded

-Prizes will be given to the top 3 gymnasts

(1st: KRW 1,500,000 / 2nd: KRW 800,000 / 3rd: KRW 400,000)

*Apparatus Finals

-Finalists are selected based on apparatus scores

-Top 8 will be awarded

Pre-Junior Category (Born in 2013-2014)

*All-Around Final

-Rankings are determined by the combined
2 apparatus highest scores

-Top 8 will be awarded

-Prizes will be given to the top 3 gymnasts

(1st: KRW 1,000,000 / 2nd: KRW 500,000 / 3rd: KRW 300,000)

*Apparatus Finals

-Finalists are selected based on apparatus scores

-Top 8 will be awarded

Child (Born in 2015-2017)

*Apparatus Finals

-Finalists are selected based on apparatus scores

-Top 8 will be awarded

<Dreamer>

All participants will receive a certificate and medal.

Team 5H Basic Routine (Born in 2011-2022)

-Categories: H1 / H2 / H3 / H4 **(Multiple entries allowed.)**

-Prize will be awarded to the 1st place in each
category within each age group. (KRW 150,000)

<RG-Group>

Senior Category (Born in 2010 or earlier)

-Finalists are selected based on apparatus scores

-Top 8 groups will be awarded

Junior Category (Born in 2011-2013)

-Finalists are selected based on apparatus scores

-Top 8 groups will be awarded

Pre-Junior Category (Born in 2014-2017)

- Finalists are selected based on apparatus scores
- Top 8 groups will be awarded

<Dreamer-Group>

- Finalists are selected based on apparatus scores
- Top 8 groups will be awarded

<GALA>

All participants will receive a certificate and trophy.

**RULES AND
REGULATION*****RULES AND REGULATION**

The event will be organized under the following FIG rules (New Code of Point 2025-2028), as valid in the year of the event, except for any deviation mentioned in these directives :

- Statutes
- Technical Regulations
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules
- Apparatus Norms

*** Pre Junior is applied FIG Junior rules.

***RULE FOR RG "FREEHAND(FH)"**

- max 8 Highest DB (min 1 DB from jump/Leap, Balance, Rotation groups)
- min 2 DB from non-dominant side (0.30 deduction for each)
- min 2 Dance Step Combinations (A Jury)
- Dynamic Elements with Rotation (R) - max 2
- min 2 Full Body Waves (W)
- All other rules follow the FIG COP

	<p>*CLOTHES: Free to wear according to FIG regulations</p> <p>*MUSIC -Dreamer: 1'~ 1' 10" -RG: 1' 15" ~ 1' 30"</p>
ENTRY FEE	<p><Rhythmic Gymnastics> 100 USD /Gymnast / 1 Apparatus Event 200 USD / Group per Event</p> <p><GALA> 70 USD per person 50 USD per person for two or more people</p> <p style="text-align: right;">*Including Photo Fee</p>
APPLY PROCESS	<p>Applications must be submitted via the link below. https://www.team5h.com</p> <p>(Deadline for the applications: <u>Saturday, May 16 at 12:00 PM</u>)</p> <p>*Refund will not be permitted after the application deadline. *Registration may close early due to high demand.</p>
JUDGE	<p>Judging Requirements and Penalties</p> <ul style="list-style-type: none"> ● Each team must provide at least one qualified judge ● Penalty of USD 500 if a team fails to provide a judge ● Judges must attend and fulfill all assigned sessions ● Penalty of USD 500 if judging duties are not fulfilled

<p>TRANSPORTATION</p>	<p>A free shuttle service to the venue will be provided on the day of the competition. (Team5H<<—>>VENUE)</p> <p>*Team5H Address Team5H (RG Professional Training Center) <u>48, Wiryeseong-daero, Songpa-gu, Seoul, KOREA</u></p>
<p>AIRPORT TRANSPORTATION</p>	<p>Transportation From/To Airport if applicable <u>50 USD</u> per person. **Airport Transportation Fee should deliver <u>in Cash</u> to the manager on the site.</p>
<p>OFFICIAL PRACTICE</p>	<p>*Date: 26 JUNE, 2026 *Address: Team5H (RG Professional Training Center) 3/4F, 48, Wiryeseong-daero, Songpa-gu, Seoul, KOREA *The usage hours will be announced after the registration deadline.</p>
<p>ANNOUNCEMENT</p>	<ul style="list-style-type: none"> ● Only pre-registered people can enter the competition venue. ● The competition schedule may be delayed depending on the game situation on the day. ● Parking is available in. Kyungdong University Metropol Campus', and parking fee is. Free. ● Food and disposable cups are prohibited, and only beverages with a lid can be brought in. ● "2026 HARMONY" may reject participants with past disciplinary issues. ● All photos and videos taken by the planner are available in "2026 HARMONY" as needed. ● Please make sure to check the application mark display in the order of time after applying for the photo. ● The number of participants is limited. ● On-site photography can only be taken with cell phone cameras. (Professional photography equipment is not available) ● Failure to follow on-site staff guidance may result in forced exit.